

Dr. Gay

Safer Sex

means getting

vaccinated



Vaccination can protect you against mpox, HPV and hepatitis A and B. Infection can have serious consequences. That's why it's worth protecting yourself. Find out more at drgay.ch/vac



Why get vaccinated?

Some infections can be passed on during sex (known as sexually transmitted infections or STIs). With the exception of HIV, condoms don't offer reliable protection against other STIs.

Vaccination can protect you against certain STIs. Vaccines prevent infection, transmission and illness.

What should I bear in mind?

- Every situation is different. Get advice on vaccinations from a health service.
- Some vaccinations that are given to children and adolescents must be renewed at the age of 25 and 45.
- Additional vaccination recommendations apply for people living with HIV. Information is available from your primary medical caregiver.
- Scientific research may lead to the development of new vaccines. Recommendations may also change over time. The latest information can be found at drgay.ch/vac

What should you get

vaccinated against?

We recommend that men and trans people who have sex with men or trans people should get vaccinated against the following:

HPV

The human papilloma virus (HPV) is passed on via direct physical contact, particularly through the mucus membranes, and mainly sexually. Indirect transmission via objects (e.g. sex toys) and surfaces is also possible.

Some types of HPV can cause cancer in genital and anal areas as well as in the throat. Others may cause anal or genital warts. Vaccination protects against infection with the most important types of the virus.

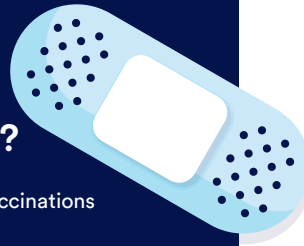
Hepatitis A/B

Hepatitis is an infectious liver disease. Various types of hepatitis viruses can be passed on during sex. Vaccination provides you with effective protection against hepatitis A and B viruses. The vaccine offers combined protection against both variants.

Mpox

Infection with the mpox virus can lead to painful skin rashes, including in anal and genital areas as well as the mouth. Mpox is transmitted through close physical contact, mainly during sex. Vaccination reduces the risk of infection. Also important: vaccination reduces the risk of severe forms of the disease.

Vaccines against other infectious diseases are also available. Some are recommended for the entire population, others for specific groups. Further information can be found at infovac.ch



Where can you get vaccinated?



All vaccination centres in
your canton can be found here:
drgay.ch/vac

CHECKPOINT

TRANSGENDER
NETWORK
SWITZERLAND
TGNS



Aids-Hilfe Schweiz
Aide Suisse contre le Sida
Aiuto Aids Svizzero